
FAITH & LEADERSHIP

Spiritual Leadership at Home

What biblical headship actually looks like and how to lead your family with strength and humility.

Boundary Agreement Resource Library

Dr. Hines Inc. | boundaryagreement.com

This guide is a coaching resource, not therapy or counseling.

Leadership Is Not Control

Biblical headship has been weaponized by men who want obedience and misunderstood by men who want to abdicate responsibility. It is neither domination nor passivity. It is sacrificial leadership modeled after Christ who served, protected, and laid down His life.

*"Husbands, love your wives, just as Christ loved the church and gave himself up for her." **Ephesians 5:25***

Christ did not lead by demanding submission. He led by serving first. That is the model.

Lead by serving.

The leader takes out the trash, changes the diaper, asks 'How can I help?' Leadership is not giving orders from the couch. It is rolling up your sleeves.

Lead spiritually.

Pray with your wife. Pray with your kids. Lead family devotions. Not perfectly. Not eloquently. Just consistently. Your family needs to see you on your knees.

Lead by listening.

A leader who does not listen to his family is a dictator. Your wife's perspective is not a threat to your leadership. It is a gift that makes your decisions better.

Lead in humility.

Admit when you are wrong. Apologize first. Ask for help. Vulnerability in a leader is not weakness. It is what makes people want to follow you.

Lead by protecting.

Protect your family from toxic people, harmful environments, financial recklessness, and your own worst tendencies. Your family should feel safe because you are present.

Lead in consistency.

Show up. Every day. Not in dramatic gestures. In the quiet faithfulness of a man who does what he says he will do. That is what earns trust.

EXERCISE: The Leadership Self-Assessment

Score yourself honestly. 1 = absent. 5 = consistent.

I pray with/for my family regularly: ____ / 5

I initiate spiritual conversations at home: ____ / 5

I serve my wife in practical ways daily: ____ / 5

I listen to my wife's input before making decisions: ____ / 5

I admit when I am wrong without deflecting: ____ / 5

I protect my family's time, peace, and boundaries: ____ / 5

Total: ____ / 30. What is my weakest area?

One thing I will change this week:
